



# *What Maternal Genomics is Not*

**Protecting Scope, Ethics &  
Trauma-Informed Practice**

# *Why Understanding the Boundaries Matters*

- Protects you and your clients
- Ensures ethical, safe communication
- Prevents fear-based interpretation
- Keeps MGI credible & professional







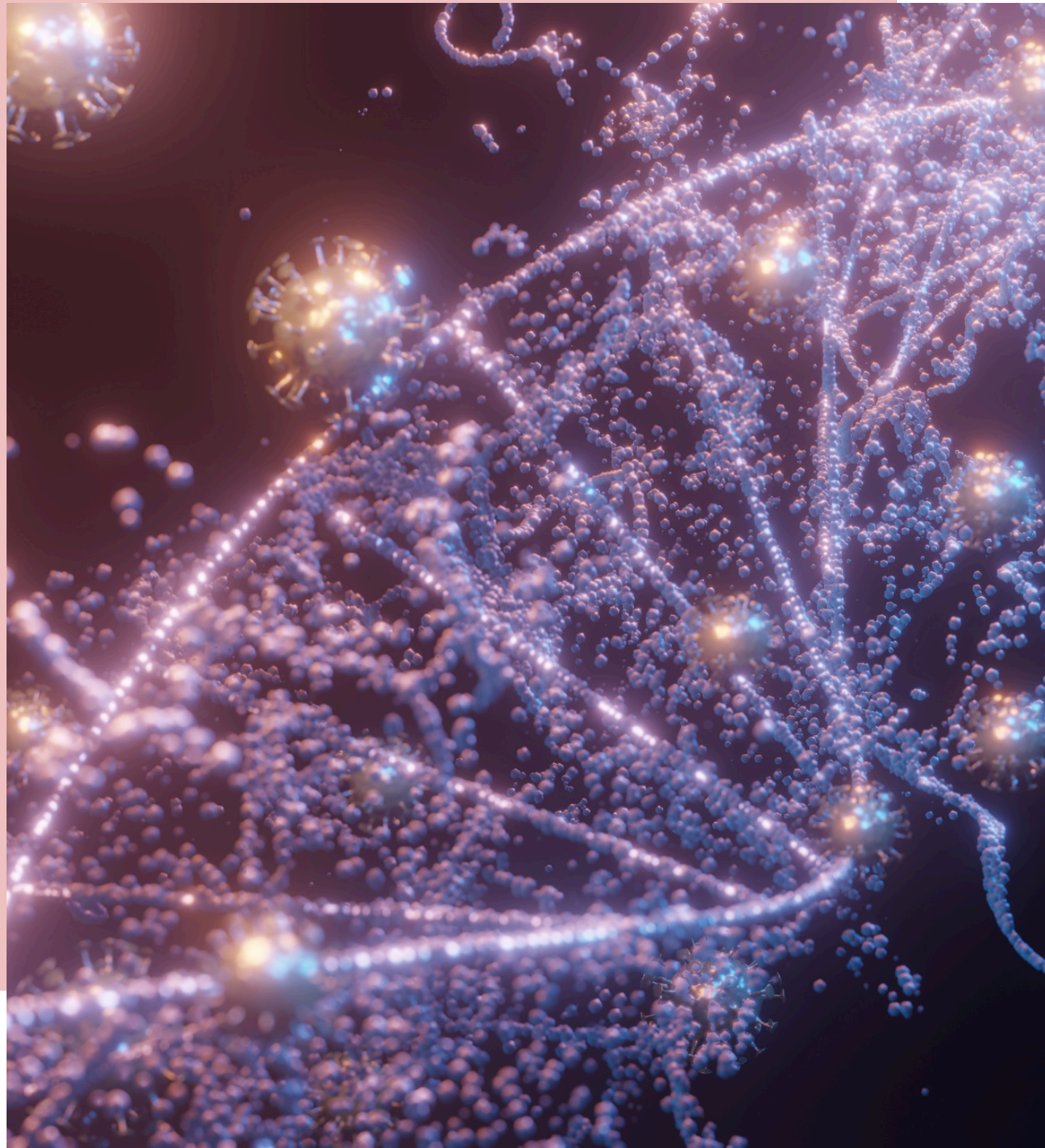
# *Maternal Genomics Is NOT Medical Advice*

- You are not diagnosing
- You are not treating
- This training does not replacing OB/midwife care



# *Genomics Does NOT Diagnose Conditions*

- Pathways ≠ conditions
- Tendencies ≠ outcomes
- DNA = potential, not destiny



*Genomics  
Is NOT  
Predictive*

- Does not tell the future
- Does not guarantee outcomes
- Does not predict complications

*Genomics  
Does NOT  
Mean Your  
Genes Decide  
Everything*

- Environment matters
- Lifestyle matters
- Stress matters
- Sleep, nutrition, support → all modify genomic expression

*Genomics  
Does NOT  
Replace  
Medical Care*

- Medical issues → immediate referral
- Collaboration is key

*Genomics Is  
NOT Here to  
Label or  
Limit Moms*

- No “bad genes”
- No shame
- No fear
- No pathologizing



*Genomics Is  
NOT a Risk  
Assessment  
Tool*

- Not used to measure medical risk
- Not used for high-risk categorization
- Not used to predict outcomes in labor or pregnancy

# *Scope-Safe Phrasing You CAN Use*

## **Personalized Care**

“This pathway may appreciate more support.”

## **Helps Clients Feel Understood**

“This shows us trends, not diagnoses.”

## **Provides Deep Insights**

“This can guide your wellness approach.”

## **Focused on Strengths**

“This offers insight, not prediction.”

# *What Practitioners MUST Avoid Saying*

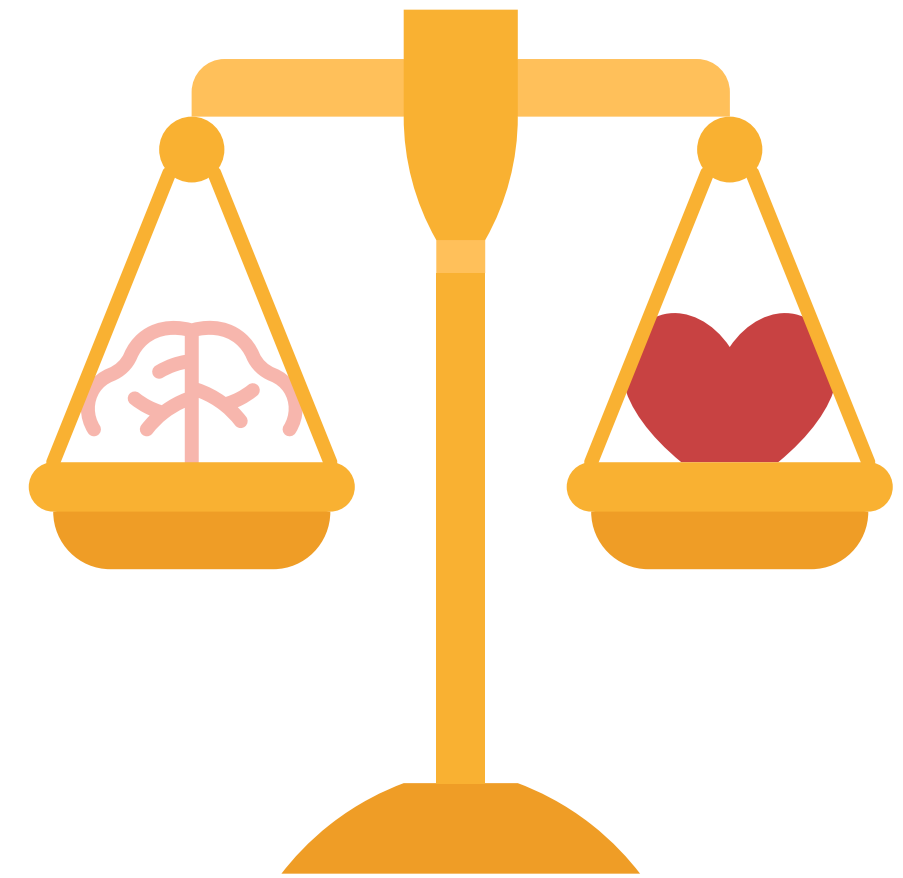
- ✗ “This gene will cause...”
- ✗ “You’re high risk because...”
- ✗ “This mutation means you can’t...”
- ✗ “This guarantees you’ll experience...”
- ✗ “This diagnoses...”





## **ETHICS = SAFETY FOR MOMS + CREDIBILITY FOR YOU**

- **Builds client trust**
- **Supports trauma-informed care**
- **Keeps MGI trusted by providers**
- **Keeps YOU legally safe**





# *Our Position*

Maternal Genomics provides educational insights into how maternal biological pathways may function.

It is NOT diagnostic or predictive.

# *Reflection: Recognizing the Boundaries*

- Which parts of this feel new or surprising?
- Where might clients misunderstand genomics?
- What phrases will you stop using?
- What scope-safe phrases will you adopt?







## *Lesson 1.2 Summary*

- Genomics is NOT medical, diagnostic, predictive, or deterministic
- We are educators — not clinicians
- Pathways = tendencies, not outcomes
- Language must remain supportive and safe