



What Maternal Genomics is Not

**Protecting Scope, Ethics &
Trauma-Informed Practice**

Why Understanding the Boundaries Matters

- Protects you and your clients
- Ensures ethical, safe communication
- Prevents fear-based interpretation
- Keeps MGI credible & professional





Maternal Genomics Is NOT Medical Advice

- You are not diagnosing
- You are not treating
- This training does no replacing OB/midwife care



Genomics Does NOT Diagnose Conditions

- Pathways ≠ conditions
- Tendencies ≠ outcomes
- DNA = potential, not destiny

Genomics Is NOT Predictive

- Does not tell the future
- Does not guarantee outcomes
- Does not predict complications

Genomics Does NOT Mean Your Genes Decide Everything

- Environment matters
- Lifestyle matters
- Stress matters
- Sleep, nutrition, support → all modify genomic expression

Genomics Does NOT Replace Medical Care

- Medical issues → immediate referral
- Collaboration is key

Genomics Is NOT Here to Label or Limit Moms

- No “bad genes”
- No shame
- No fear
- No pathologizing

Genomics Is NOT a Risk Assessment Tool

- Not used to measure medical risk
- Not used for high-risk categorization
- Not used to predict outcomes in labor or pregnancy

Scope-Safe Phrasing You CAN Use

Personalized Care

“This pathway may appreciate more support.”

Helps Clients Feel Understood

“This shows us trends, not diagnoses.”

Provides Deep Insights

“This can guide your wellness approach.”

Focused on Strengths

“This offers insight, not prediction.”

*What Practitioners **MUST** Avoid Saying*

- ✗ “This gene will cause...”
- ✗ “You’re high risk because...”
- ✗ “This mutation means you can’t...”
- ✗ “This guarantees you’ll experience...”
- ✗ “This diagnoses...”



ETHICS = SAFETY FOR MOMS + CREDIBILITY FOR YOU

- Builds client trust
- Supports trauma-informed care
- Keeps MGI trusted by providers
- Keeps YOU legally safe





Our Position

Maternal Genomics provides educational insights into how maternal biological pathways may function.

It is NOT diagnostic or predictive.

Reflection: Recognizing the Boundaries

- Which parts of this feel new or surprising?
- Where might clients misunderstand genomics?
- What phrases will you stop using?
- What scope-safe phrases will you adopt?



Lesson 1.2 Summary

- Genomics is NOT medical, diagnostic, predictive, or deterministic
- We are educators – not clinicians
- Pathways = tendencies, not outcomes
- Language must remain supportive and safe