

# *Practitioner Scope of Practice*



**What You CAN Say, What You Cannot Say &  
How to Stay Fully in Scope**

# *Your Role: Educator, Guide, Support*

## **EDUCATION**

You interpret pathways educationally

## **CLIENT SUPPORT**

You support clients' wellness decisions

## **GENOMIC TRANSLATION**

You translate biology into understandable language

## **MAINTAINING SCOPE**

You do NOT diagnose, treat, or medically manage

# *Why Scope of Practice Matters*



- Protects **YOU** legally and professionally
- Protects clients emotionally + medically
- Ensures the credibility of MGI-certified practitioners
- Supports trust between **doulas/midwives/coaches** and medical providers

# *Scope-Safe Language You CAN Use*

## **Personalized Care**

"This pathway may benefit from extra support."

## **Helps Clients Feel Understood**

"This helps us understand your body's tendencies."

## **Provides Deep Insights**

"Here's how this pathway relates to pregnancy/postpartum."

## **Focused on Strengths**

"Lifestyle support can help this pathway function optimally."

# *Language You Must NEVER Use*



- ✗ “This gene causes...”
- ✗ “You have a condition called...”
- ✗ “You need to take this supplement.”
- ✗ “This explains your diagnosis.”
- ✗ “This pathway means you’re high-risk.”



# *Examples: Safe vs Unsafe*

## **Phrases You CAN Say**

“This pathway influences how your body handles estrogen.”

“Your detox pathways may appreciate gentle support.”

“You may benefit from foods rich in antioxidants.”

## **Phrases You CAN NOT Say**

“You have estrogen dominance.”

“Your liver isn't working correctly.”

“You need to detox.”

# *Avoid Clinical or Medical Language*



- **No medical diagnoses**
- **No treatment plans**
- **No medication conversations**
- **No disease terminology**
- **Do not interpret medical labs**



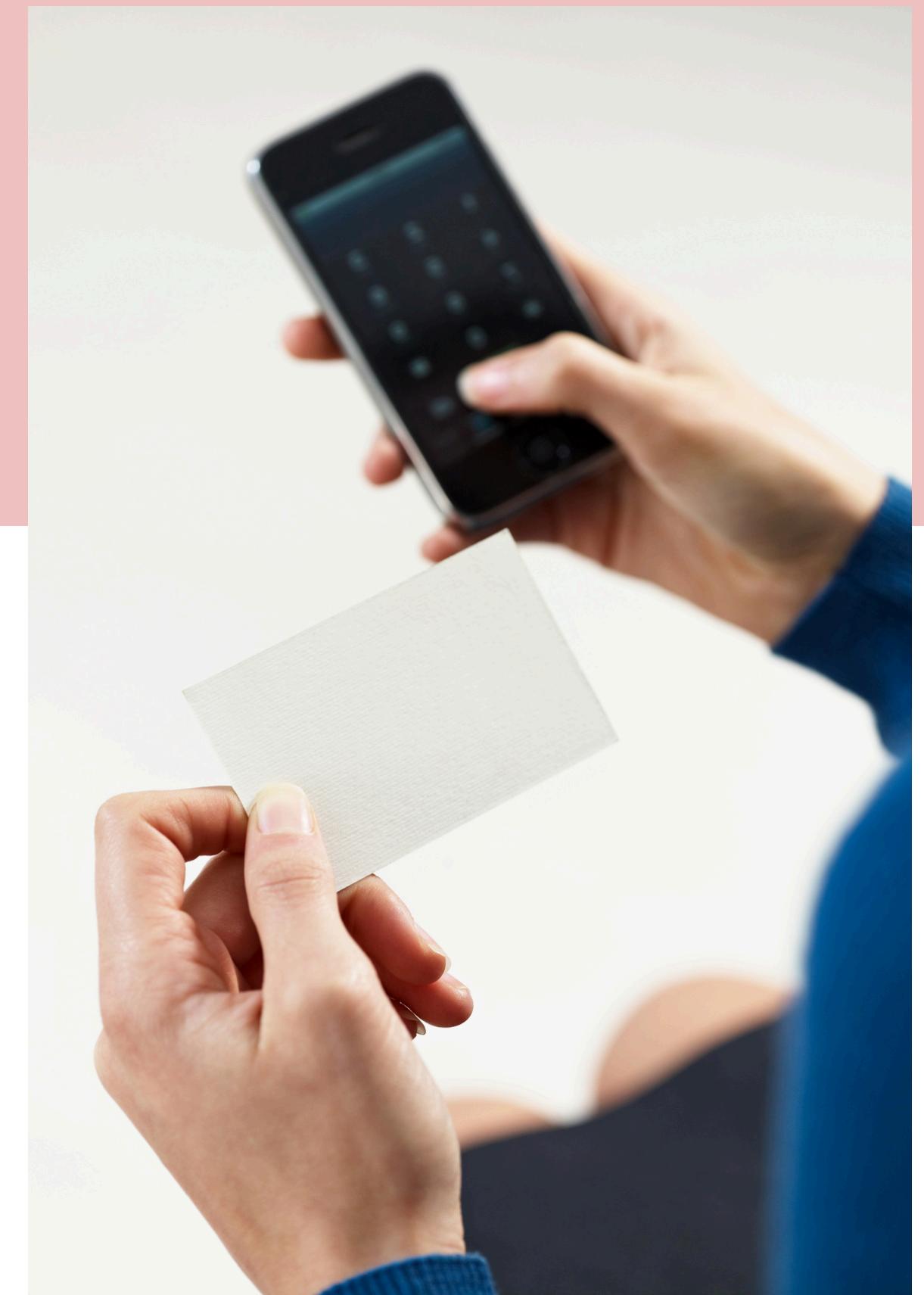


## **RED FLAG SITUATIONS** **ALWAYS REFER OUT**

- Severe abdominal pain
- Persistent dizziness or fainting
- Bleeding, fluid leakage
- Reduced fetal movement
- Suicidal thoughts or severe mood shifts
- Pre-e / GD symptoms
- High fever or infection signs

# *How to Refer Out Effectively*

- Keep tone calm
- Avoid blaming or alarming
- Frame referral as support

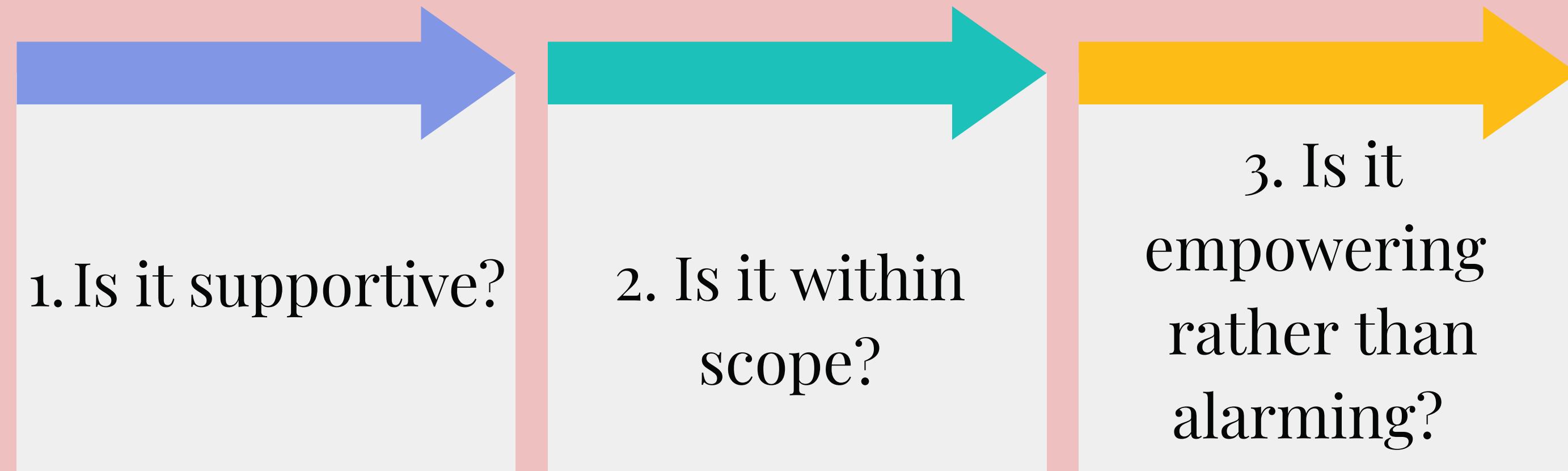




# *Trauma-Informed Language Keeps Clients Safe*

- No alarmist phrasing
- No pathologizing
- Start with strengths
- Validate emotions
- Offer choices, not directives

# *The MGI 3-Step Communication Filter*



## **YOUR ETHICAL RESPONSIBILITIES AS AN MGI PRACTITIONER**

- **Maintain client confidentiality**
- **Stay within your training**
- **Communicate gently**
- **Collaborate with medical providers**
- **Know when to refer out**



# *Collaboration Creates Better Outcomes*

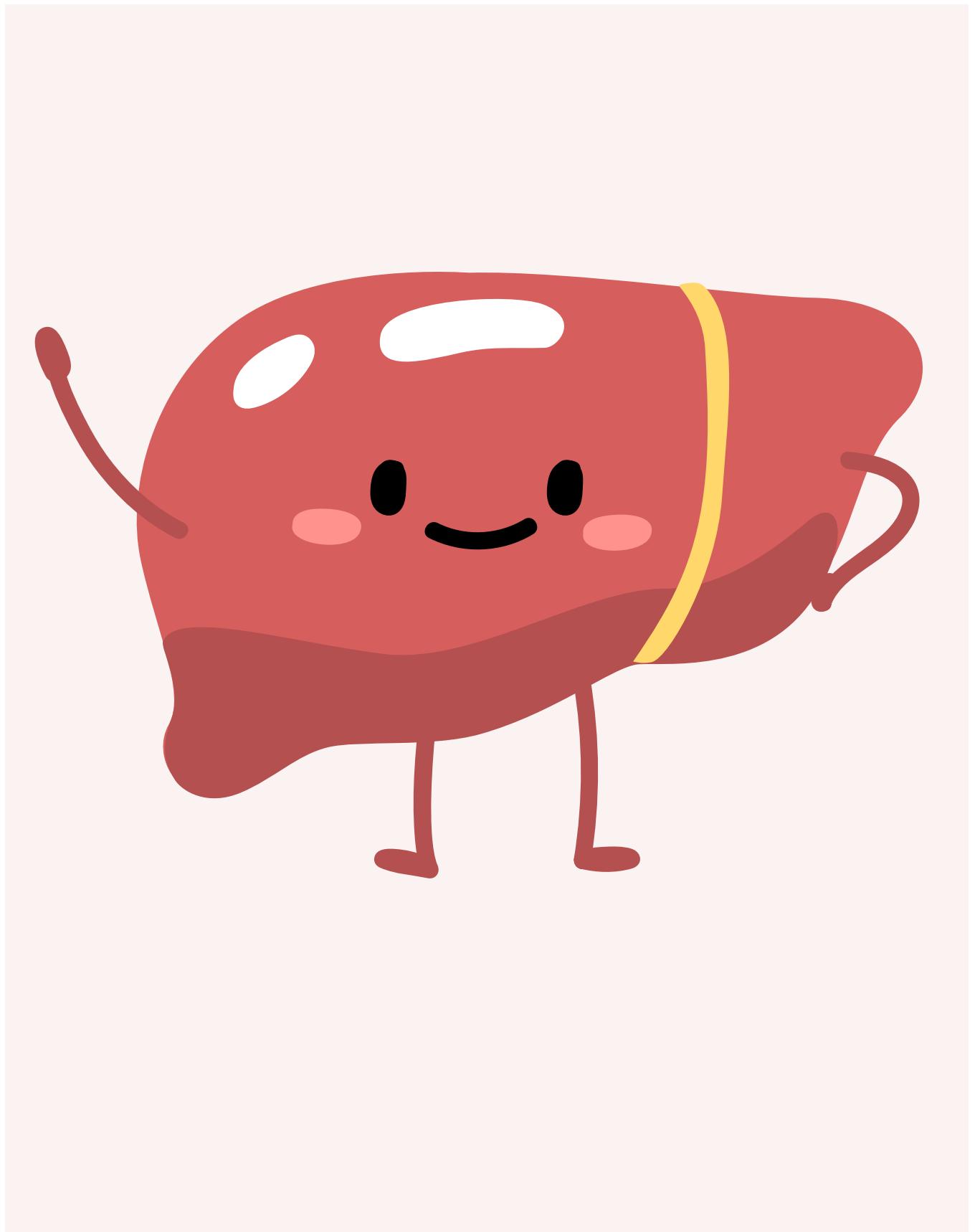
- We complement, not replace
- Your role is supportive
- Medical providers appreciate clarity + boundaries
- You can bridge communication gaps



# *Example Pathway:*

## **DETOX PATHWAYS**

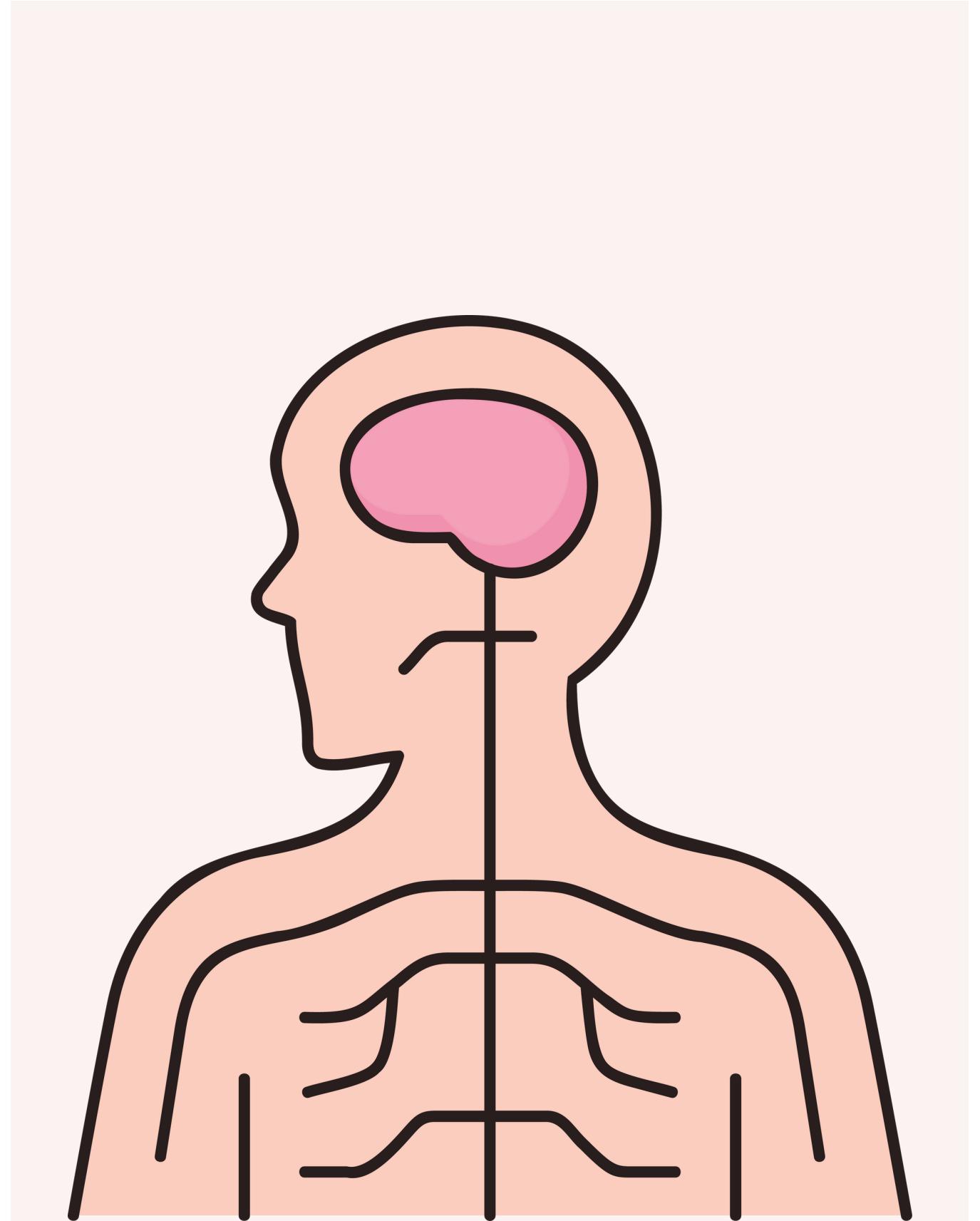
- Supports healthy estrogen metabolism
- Influences how pregnant bodies handle shifts
- May relate to postpartum depletion



# *Example Pathway:*

## **STRESS & MOOD PATHWAYS**

- Helpful for fertility resilience
- Important during pregnancy anxiety
- Crucial postpartum



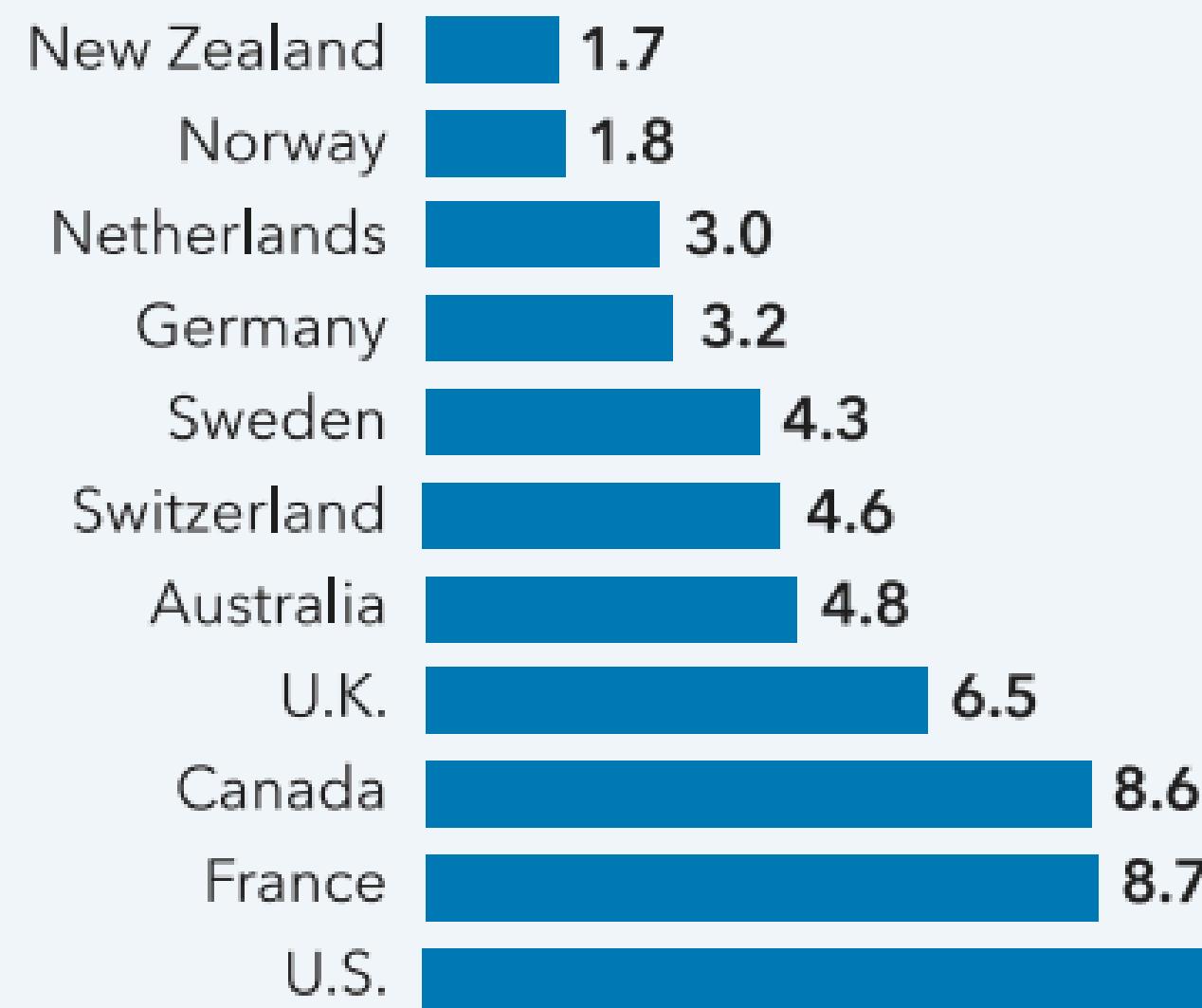
# *What Maternal Genomics is NOT:*



- Not predictive
- Not diagnostic
- Not medical advice
- Not fear-based



## U.S. Maternal Mortality Rate vs. Other High-Income Countries, Per 100,000\*



\*2020 Commonwealth analysis, 2018 or latest year

## WHY MATERNAL GENOMICS MATTERS MORE THAN EVER

- Rising maternal complications
- Rising anxiety + overwhelm in pregnancy
- Fragmented care system
- Moms crave personalized support

# *Reflection: Know Your Role*

- What part of scope feels challenging?
- What phrases will you remove from your language?
- What scope-safe statements will you add?
- How will you handle red-flag situations?



# *Lesson 1.3 Summary*

- You are an educator, not a clinician
- Use wellness-based, non-medical language
- Know what you can and cannot say
- Refer out for anything medical
- Trauma-informed communication is essential