

Practitioner Scope of Practice



**What You CAN Say, What You Cannot Say &
How to Stay Fully in Scope**

Your Role: Educator, Guide, Support



EDUCATION

You interpret pathways educationally



CLIENT SUPPORT

You support clients' wellness decisions



GENOMIC TRANSLATION

You translate biology into understandable language



MAINTAINING SCOPE

You do NOT diagnose, treat, or medically manage

Why Scope of Practice Matters



- **Protects YOU legally and professionally**
- **Protects clients emotionally + medically**
- **Ensures the credibility of MGI-certified practitioners**
- **Supports trust between doulas/midwives/coaches and medical providers**

Scope-Safe Language You CAN Use

Personalized Care

“This pathway may benefit from extra support.”

Helps Clients Feel Understood

“This helps us understand your body’s tendencies.”

Provides Deep Insights

“Here’s how this pathway relates to pregnancy/postpartum.”

Focused on Strengths

“Lifestyle support can help this pathway function optimally.”

Language You Must NEVER Use



- ✗ “This gene causes...”
- ✗ “You have a condition called...”
- ✗ “You need to take this supplement.”
- ✗ “This explains your diagnosis.”
- ✗ “This pathway means you’re high-risk.”



Examples: Safe vs Unsafe

Phrases You CAN Say

“This pathway influences how your body handles estrogen.”

“Your detox pathways may appreciate gentle support.”

“You may benefit from foods rich in antioxidants.”

Phrases You CAN NOT Say

“You have estrogen dominance.”

“Your liver isn't working correctly.”

“You need to detox.”

Avoid Clinical or Medical Language



- No medical diagnoses
- No treatment plans
- No medication conversations
- No disease terminology
- Do not interpret medical labs





RED FLAG SITUATIONS **ALWAYS REFER OUT**

- Severe abdominal pain
- Persistent dizziness or fainting
- Bleeding, fluid leakage
- Reduced fetal movement
- Suicidal thoughts or severe mood shifts
- Pre-e / GD symptoms
- High fever or infection signs

How to Refer Out Effectively

- Keep tone calm
- Avoid blaming or alarming
- Frame referral as support

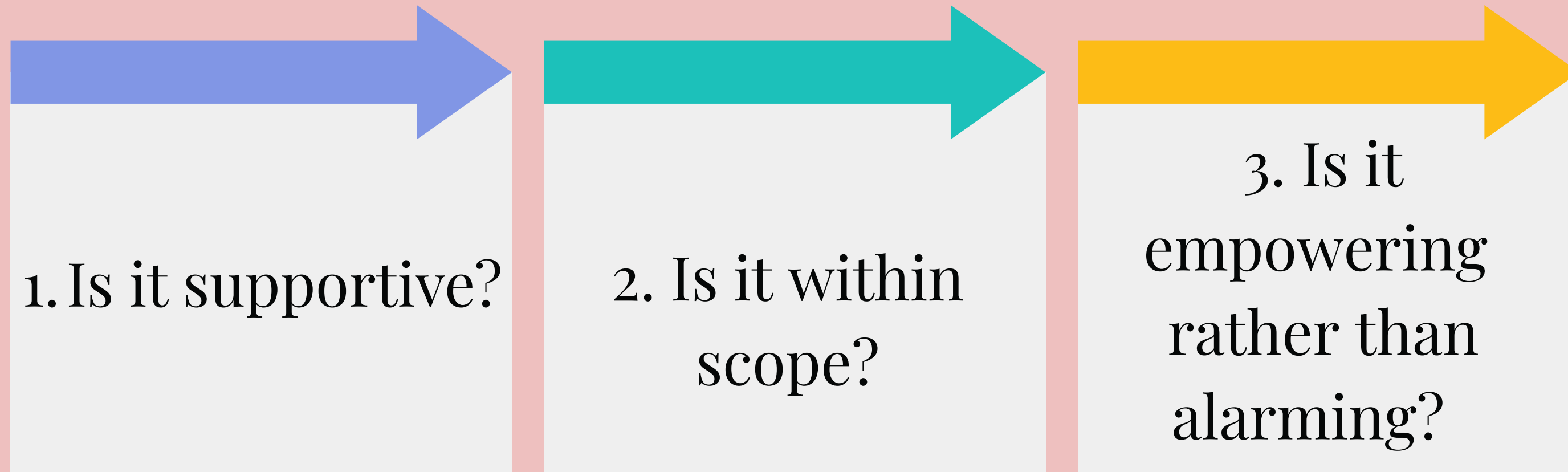


Trauma-Informed Language Keeps Clients Safe

- No alarmist phrasing
- No pathologizing
- Start with strengths
- Validate emotions
- Offer choices, not directives



The MGI 3-Step Communication Filter



YOUR ETHICAL RESPONSIBILITIES AS AN MGI PRACTITIONER

- **Maintain client confidentiality**
- **Stay within your training**
- **Communicate gently**
- **Collaborate with medical providers**
- **Know when to refer out**



Collaboration Creates Better Outcomes

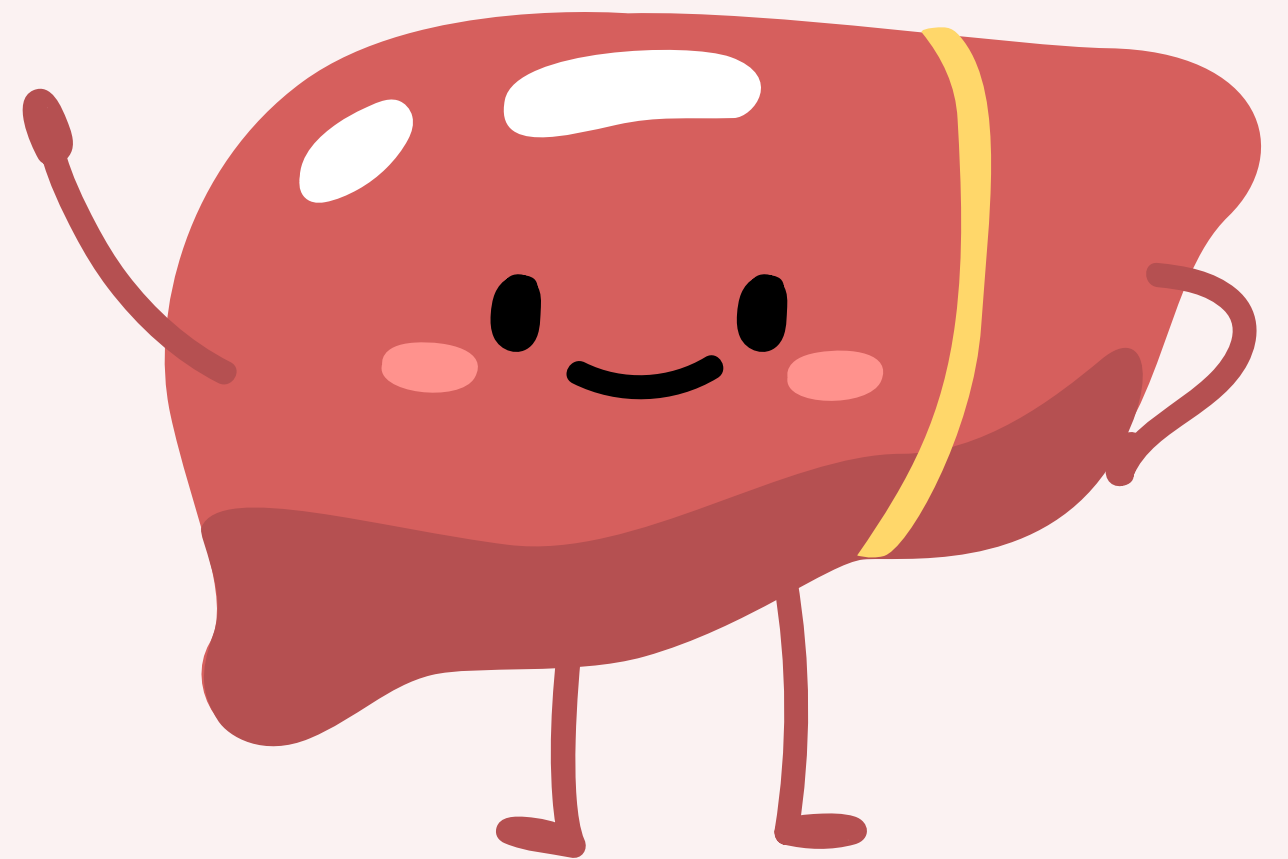
- We complement, not replace
- Your role is supportive
- Medical providers appreciate clarity + boundaries
- You can bridge communication gaps



Example Pathway:

DETOX PATHWAYS

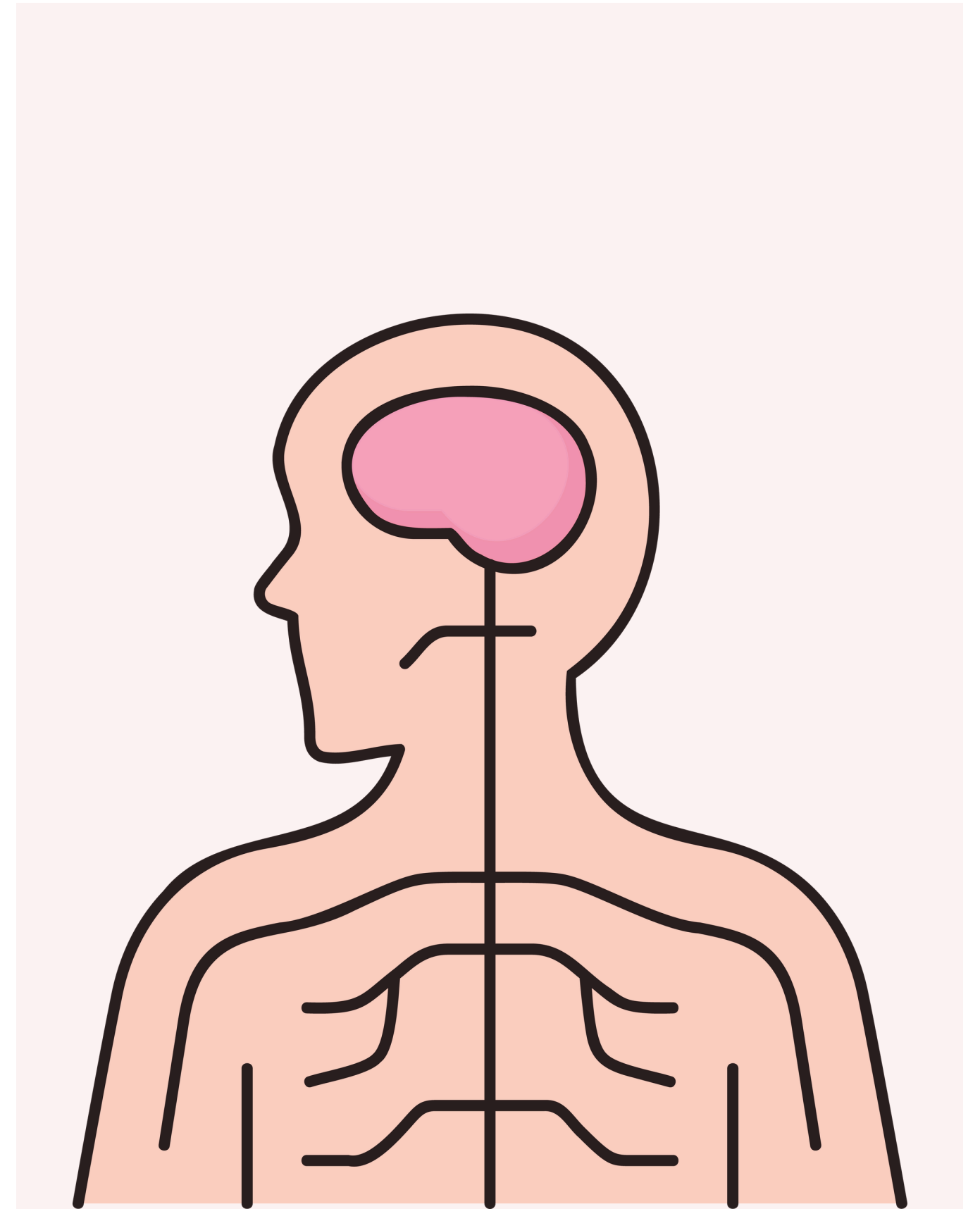
- Supports healthy estrogen metabolism
- Influences how pregnant bodies handle shifts
- May relate to postpartum depletion



Example Pathway:

STRESS & MOOD PATHWAYS

- Helpful for fertility resilience
- Important during pregnancy anxiety
- Crucial postpartum



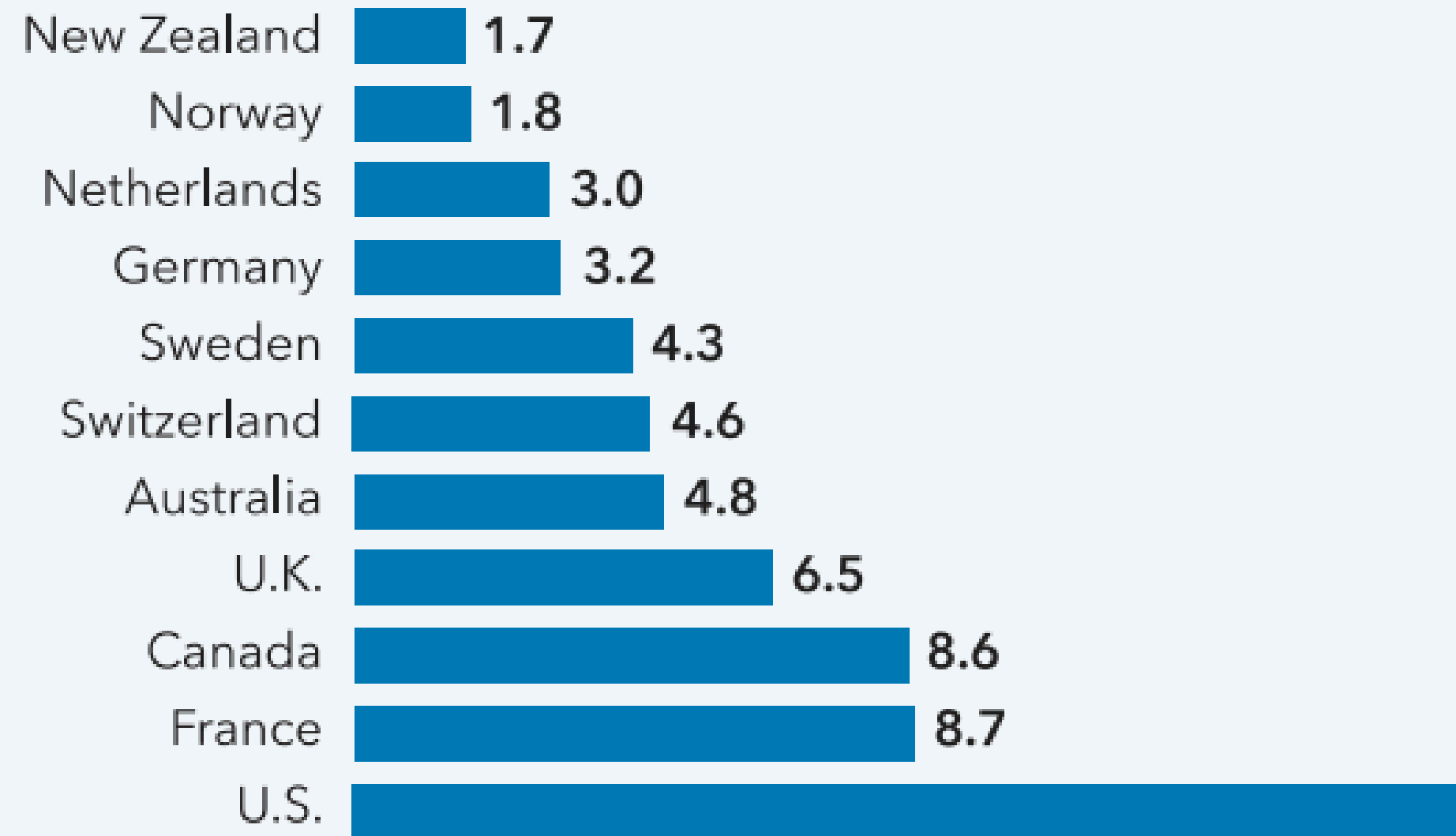
What Maternal Genomics is NOT:



- Not predictive
- Not diagnostic
- Not medical advice
- Not fear-based



U.S. Maternal Mortality Rate vs. Other High-Income Countries, Per 100,000*



*2020 Commonwealth analysis, 2018 or latest year

WHY MATERNAL GENOMICS MATTERS MORE THAN EVER

- Rising maternal complications
- Rising anxiety + overwhelm in pregnancy
- Fragmented care system
- Moms crave personalized support

Reflection: Know Your Role

- What part of scope feels challenging?
- What phrases will you remove from your language?
- What scope-safe statements will you add?
- How will you handle red-flag situations?





Lesson 1.3 Summary

- You are an educator, not a clinician
- Use wellness-based, non-medical language
- Know what you can and cannot say
- Refer out for anything medical
- Trauma-informed communication is essential